FIRST CHOICE HEALTHCARE

Parent or Guardian Referral Form

Date:_____

Name of child: _____

Your name: _____

Relationship to child: _____

The school's care team may wish to contact you to discuss your referral concerns. Please provide your contact information and the best time to reach you.

Phone:_____ Best time to contact: _____

Who does your child live with?

- ☐ Biological parents
- ☐ Adoptive parents
- ☐ Foster parents
- ☐ Relative care
- ☐ Group home
- ☐ Other: _____

Desired language of service?

- ☐ English
- ☐ Spanish
- ☐ Other: _____

Does your child have an individualized education plan (IEP)?

- ☐ Yes
- ☐ No
- ☐ I don't know

Area of concern (please describe):

- ☐ Academic Concerns:
- ☐ Behavioral Concerns:
- ☐ Social Concerns:
- ☐ Emotional Concerns:
- ☐ Physical Health Concerns:
- ☐ Family Concerns:
- ☐ Other: _____

Behavioral concerns (please mark all boxes that apply):

- ☐ Exposed to community violence, other trauma
- ☐ Nightmares, intrusive thoughts
- ☐ Anxious, fearful or irritable mood
- ☐ Jumpy or easily startled
- ☐ Avoids reminders of trauma
- ☐ Aggressive
- ☐ Sexualized play or behaviors
- ☐ Difficulty concentrating
- ☐ Talks excessively
- ☐ Gets out of seat and moves constantly
- ☐ Interrupts and blurts out responses
- ☐ Inattentive, distractible, forgetful
- ☐ Disorganized, makes careless mistakes
- ☐ Angry towards others, blames others
- ☐ Fights and is aggressive
- ☐ Argumentative and defiant

- ☐ Sad, depressed or irritable mood
- ☐ Hopelessness, negative view of future
- ☐ Low self-esteem, negative self-statements
- ☐ Difficulty concentrating
- ☐ Diminished interest in activities
- ☐ Low or decreased motivation
- ☐ Anxious and fearful
- ☐ Worries excessively
- ☐ Difficulty sleeping
- ☐ Restless and on edge
- ☐ Specific fears or phobias
- ☐ Difficulty concentrating
- ☐ Clingy behavior
- ☐ Appears distracted

How often is this behavior occurring? (e.g., several times per day; 1-2 times per week)

How long have you had this concern about your child?

To your knowledge, has your child ever received any supports or interventions for this behavior in the past?

To your knowledge, is your child receiving any supports or interventions for this behavior currently?

What do you think will help your child experience success?